

# How do you practice the Arban, Clarke & Schlossberg? \*

## The Complete Arban is broken into sections:

First studies from pages 11-22 (Play 1 page daily for a week)

Syncopation 23-36 (Play 1 page daily for a week)

Slurs 39-56 (Play 1 page daily for a week)

Scale studies 59-87 (Play 2 pages daily for a week)

Turns, trills, shakes..... 91-122 (Play 2 pages daily for a week)

Intervals, Triplets & sixteenth notes 125-141 (Play 1 page daily for a week)

Chords 142-152 (Play 1 page daily for a week)

Triple Tonguing 155-174 (Play 1 page daily for a week)

Double & Applied Tonguing 175-190 (Play 1 page daily for a week)

After some of the smaller sections of the Arban are complete and you are used to this you can start working on :

One of the 14 Characteristic Studies Pages 285-299 and/or One of the 12 Fantaisies & variations pages 301-347.

## Clarke Technical Studies is broken into 10 lessons:

You should start with lesson 1 and work it every day until it is perfect.

After that is perfect in 2-4 weeks go to lesson 2.

This will take 5-10 months to go through the book.

## Max Schlossberg Daily Drills is also divided into sections:

Long tones exercises 1-37 (Play 2 exercises daily for a week)

Intervals 38-48 (Play 1 exercise daily for a week)

Octave drills 49-58 (Play 1 exercise daily for a week)

Lip drills 59-69 (Play 1 exercise daily for a week)

Chord studies 70-88 (Play 1 exercise daily for a week)

Scales 89-115 (Play 2 exercises daily for a week)

Chromatics 116-128 (Play 1 exercise daily for a week)

Etudes 129-156 (Play 1 exercise daily for a week)

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\* <http://www.bbtrumpet.com/how-to-practice-arban-clarke-schlossberg/>